

**ASHBURTON / TINWALD**Fri 7:00pm *12 Steps to Freedom*: St. Andrews Church Hall, 151 Thomson St TINWALD [WA]**TIMARU**

Fri 7:00pm 24a Church Street TIMARU

**CROMWELL**

Wed 6:00pm Cromwell Resource Centre, 5 Murray St, (Opp New World)

**DUNEDIN**Mon 7:00pm *Just for Today*: Knox Hall (behind church), cnr George & Pitt Streets [WA]Tue 12:00pm *Women's*: Mirror Counselling Services, 8th Floor, Evan Parry House, 43 Princess St. [WA]Tue 7:00pm *Living Clean*: Broad Bay Community Centre, Clearwater Street, Broad Bay [WA]Wed 7:30pm [Closed] *Newcomers*: Knox Hall (behind church), cnr George & Pitt Streets [WA]Thu 7:30pm *Meditation*: Knox Hall (behind church), cnr George & Pitt Streets [WA]Fri 7:00pm *Steps and Traditions*: Knox Hall (behind church), cnr George & Pitt Streets [WA]Sat 6:00pm *Māori*: Matheson Room, Knox Hall (behind church), cnr George & Pitt Streets (75 mins) [WA]Sun 11:30am *Higher Power*: Knox Hall (behind church), cnr George & Pitt Streets [WA]**BALCLUTHA**

Wed 7:30pm Salvation Army, 14-16 Clyde St, Balclutha [WA]

**INVERCARGILL**Wed 7:30 pm *Living Clean*: Holy Trinity Church , 61 King St, Windsor [WA]Sun 7:00pm *Deep South*: 9 Jenkins Street [WA]FIND MOST UP TO DATE INFORMATION AT [www.nzna.org](http://www.nzna.org)

PRINTED LIST PUBLISHED EVERY TWO MONTHS

NA is a non-profit fellowship of men and women for whom drugs have become a major problem.

We meet regularly to help each other stay clean.

All meetings in public buildings are non-smoking. Meetings take place every week of the year, including public holidays.

Meetings are **60 minutes** in duration unless specified.

Meetings are **Open** unless noted as being **Closed**.

A **closed meeting** of NA is for those individuals who identify themselves as addicts or for those who are uncertain and think they may have a drug problem.

An **open meeting** is an NA meeting that may be attended by anyone (e.g. judges, probation officers, professionals, family members) interested in how we have found recovery from the disease of addiction. Verbal participation, however, is limited to NA members only.

[WA] = Wheel Chair Access

Free Call 0800 NA TODAY (0800 628 632)

For more information visit [www.nzna.org](http://www.nzna.org)

For literature contact *Fellowship Service Office*, PO Box 6826, Wellesley St, Auckland. [fso@nzna.org](mailto:fso@nzna.org)

Please email meeting changes and updates to [lists@nzna.org](mailto:lists@nzna.org)



Aotearoa New Zealand  
Narcotics Anonymous  
REGIONAL MEETINGS LIST

Email changes to [lists@nzna.org](mailto:lists@nzna.org)

Valid DECEMBER 2018 – JANUARY 2019

**KAITAIA / KAIKOHE / WHANGAREI / KERIKERI / KAIWAKA / RUAKAKA / WARKWORTH**

Mon 7:00pm *Mt. Zion NA*: Mt. Zion Church, 36 Heke Street, KAIKAOHE [WA]

Mon 7:00pm *Recovery Together*: Kate's Place, Kaiwaka Community Centre, 1960 State Highway 1, KAIWAKA [WA]

Mon 7:30pm *Just For Today*: 73 Water Street (opposite Lamberts), WHANGAREI

Tue 11:30am 14 Bonnetts Road (90 minutes) KAITAIA

Tue 7:30pm *How It Works*: 1B Deveron Street, Kensington, WHANGAREI

Wed 12:00pm *Kerikeri Lunchtime*: Kerikeri Baptist Church, 37-43 Hobson Avenue (upstairs room), KERIKERI

Wed 6:30pm *A Method to the Madness*: Bream Bay Community Support Trust, Takutai PI (rear bldg.) RUAKAKA [WA]

Thu 7:30pm *Whangateau Meeting*: Whangateau Hall, 533 Leigh Road, WHANGATEAU [WA]

Fri 7:30pm *Freedom Friday*: 73 Water Street (opposite Lamberts), WHANGAREI

**AUCKLAND**

Mon 7:10am *Early Opener*: Freemans Bay Community Centre, 54 Hepburn St. (access from Pratt St carpark) [WA]

Mon 1:00pm *Westside*: Te Atatu Peninsula Community Centre, 595 Te Atatu Road [WA]

Mon 1:15pm *Female Fellowship (Women's)*: Church of Scientology Chapel, (Cnr Carlton Gore and Grafton Rd) [WA]

Mon 7:00pm *Topic*: Ellen Melville Centre, 1 Freyberg Pl, (Freyberg Square, Cnr High & O'Connell St). (75 mins) [WA]

Mon 7:00pm *Lesbian, Gay, Bisexual and Transgender (LGBT)*: All Saints Church, cnr Cowan St & Ponsonby Rd. [WA]

Mon 7:00pm *Southside Serenity*: East Presbyterian Church 87 Settlement Road Papakura

Mon 7:30pm *Albany Gratitude*: Albany Hall, cnr Old Albany Highway & Albany Expressway (past Mega Centre) [WA]

Mon 7:30pm *West Way*: Corban Chapel, Corban Estate, 426 Great North Rd Henderson [WA]

Mon 8:00pm *Men's Meeting*: One Two Six, 126 Pt Chevalier Road, Point Chevalier

Tue 12:30pm *Recover Me West*: CADS 1st Floor, 1 Trading Place, Henderson

Tue 1:00pm *Ponsonby Couch Meeting*: Baptist Church Hall, cnr Jervois Rd & Seymour Street

Tue 7:00pm *Experience Strength & Hope*: Freemans Bay Community Centre, 54 Hepburn St (downstairs, rear) [WA]

Tue 7:30pm *Steps To Freedom*: Centennial Hall, 79 Grey St., Onehunga

Tue 7:30pm *Unity*: St Judes Hall (Behind the church) 25 St Jude Street Avondale [WA]

Wed 12:30pm *Young NA*: Grey Lynn Community Centre, 510 Richmond Road, Grey Lynn

Wed 7:00pm *12 Steps*: All Saints Church Hall, cnr Cowan St & Ponsonby Rd [WA]

Wed 7:00pm *Recovery West*: Te Atatu Peninsula Library, 595 Te Atatu Rd, Te Atatu Peninsula

Wed 7:30pm *Glendowie Community Centre*, cnr Crossfield & Mt Taylor Roads, Glendowie [WA]

Thu 12:30pm *Heart of the West*: Room 10, 1st floor of CADS, 1 Trading Place, Henderson [WA]

Thu 7:00pm *Just do it*: Salvation Army, 16 Bakerfield Pl, Manukau (main entrance SA Church), (75mins) [WA]

Thu 7:30pm *Fellowship West*: 3029 Great North Road, New Lynn

Thu 7:30pm *North Shore Gratitude*: Northcote Community Centre (behind shopping centre) [WA]

Thu 7:30pm *Women's Lamplight*: Leys Institute 20 St Marys Road, Ponsonby

Thu 7:30pm *Keeping It Real*: Church of Scientology Chapel, 136 Grafton Rd (Cnr Carlton Gore and Grafton Rd) [WA]

Fri 12:15pm *Basic Text*: Community Lounge (behind church), cnr Mt Eden & Ngaruhoe Roads

Fri 12:00pm *NA Parents*: Panmure Community Centre (Upstairs), 7-13 Pilkington Rd Panmure. (Child friendly)

Fri 7:00pm *Friday Night*: Grey Lynn Community Centre, 510 Richmond Road, Grey Lynn

Fri 7:00pm *Heart of the South*: Friendship House, 20 Putney Way (entrance from Karoro Court), Manakau City

Fri 7:00pm *Maori Common Needs*: St Davids, Centennial Room, 70 Khyber Pass Road (75 mins)

Fri 7:30pm *New Beginnings*: Integrated Neuro Rehab, Tui Glen Reserve, 2 Claude Brookes Dr, Henderson [WA]

Sat 9:45am *Up & At 'Em*: Rawene House, 33 Rawene Road, Birkenhead (Chelsea View Room, top of stairs)

Sat 1:15pm *Newcomers*: St. Benedicts Church (under parish), cnr St Benedicts St. & Alex Evans Dr, Newton

Sat 6:30pm *Sat. Nite Live*: Long Room, Freemans Bay Community Centre (underneath at back), Hepburn St

Sat 9:00pm *In All Our Affairs*: Unitarian Church (down the side, underneath) 1A Ponsonby Road, Grey Lynn [WA]

Sun 11:15am *Daylight*: 200 Gillies Avenue, Epsom [WA]

Sun 7:00pm *Spiritual Recovery*: Mt Eden Memorial Hall, 487 Dominion Rd, Mt Eden [WA]

Sun 7:00pm *No Gram Like The Programme*: Gracegate Comm. Cntr, 42 Parkway Dr, Windsor Park, North Shore [WA]

Sun 7:30pm *Serenity Sunday*: 46 Orewa Square, Orewa [WA]

**HURAKI / HUNTLY / HAMILTON / CAMBRIDGE / RAGLAN / THAMES**

Mon 5:30pm *Gift of Silence Meditation Meeting*: Centre 401 Trust Training Room, 19 Vialou Street , HAMILTON [WA]  
 Mon 7:00pm *Keeping It Real*: Raglan Community Centre 45 Bow Street RAGLAN  
 Mon 7:00pm [Closed]Thames Community Centre, 609 Mackay St. (not 1<sup>st</sup> Monday of each month), THAMES [WA]  
 Wed 12:30pm *Staying Clean*: Support House Whanau Room, 28 Manning Street, HAMILTON [WA]  
 Wed 5:30pm *LGBTQ+ Your'e Included*: Centre 401 Trust Training Room, 19 Vialou Street, HAMILTON [WA]  
 Wed 7:30pm *Wednesday Reading*: Centre 401 Trust Training Room 19 Vailou St, HAMILTON [WA]  
 Thu 5:30pm *Drop The Monkey*: Centre 401 Trust Training Room, 19 Vialou Street , HAMILTON [WA]  
 Thu 7:00pm *Keeping It Real*, Cambridge Community House, 193 Shakespeare St, Leamington, CAMBRIDGE  
 Sat 5:00pm *Hope and Freedom*: Centre 401 Trust Training Room, 19 Vialou Street , HAMILTON [WA]

**WHAKATANE / ROTORUA / TOKOROA**

Tue 7:00pm *Ngati NA*: St. Andrews Church, Corner Devon Street and Old Taupo Road, ROTORUA  
 Wed 7:30pm Anglican Church lounge, 38 Baberton Street TOKOROA  
 Fri 7:00pm *Oranga Wairua*: St Lukes Church, 1223 Amohia St, (access via Pukuatua St) ROTORUA (90 mins) [WA]  
 Fri 7:00pm *This way to freedom*: The Reap Centre, 21 Pyne St., WHAKATANE [WA]

**TAURANGA**

Mon 7:00pm Hillier Centre, 31 Gloucester Road, Arataki Mt Maunganui [WA]  
 Tue 10:00am *Serenity Sisters (Women's meeting)*: Salvation Army Church, 51 Fifth Avenue (Children welcome) [WA]  
 Wed 7:30pm [Closed] *Tauranga Steps*: Salvation Army Church, 51 Fifth Ave (Enter back of the church in carpark) [WA]  
 Thu 7:30pm [Closed] *Tauranga Men's Meeting*: Papamoa Library, 15 Gravatt Rd, PAPAMOA. [WA]  
 Fri 7:30pm *Off The Hook*: Hillier Centre, 31 Gloucester Road, Arataki Mt Maunganui (down the long driveway) [WA]  
 Sat 7:30pm *Saturday Evening*: Hanmer Clinic, 1235 Cameron Road, Greerton [WA]  
 Sun 7:00pm *Compass Finds Direction*: Hanmer Clinic, 1235 Cameron Road, Greerton [WA]

**GISBORNE**

Mon 7:00pm *Put Your Recovery First*: Gisborne Holy Trinity Church, 70 Derby St (Cnr Derby and Palmerston Rd) [WA]  
 Thu 7:00pm Tauawhi Mens Centre (women welcome), 71 Peel Street (upstairs)

**NEW PLYMOUTH / HAWERA**

Mon 12:15pm *Monday*: St Joseph's Community Hall, Devon Street West (west of Clock Tower) [WA]  
 Mon 7:00pm *HWA(Help Willing Addicts)NA*: The Assembly of God Church, 192 High St., HAWERA [WA]  
 Tue 7:00pm *Steps and Traditions*: St Joseph's Community Hall, Devon Street West (west of Clock Tower) [WA]  
 Wed 1:00pm *New Found Freedom*: Taranaki Base Hosp A&D Outpatients Clinic. Turn off Tukapa St in Westown.  
 Wed 7:00pm *Sisters In Recovery, Women's*: New Plymouth Women's Centre, 32 Leach Street [WA]  
 Wed 7:30pm *Brothers In Recovery, Men's*: St. Josephs Comm. Hall, Devon Street West (west of Clock Tower) [WA]  
 Thu 6:00pm *Just For Today*: St Joseph's Community Hall, Devon Street West (west of Clock Tower)(90mins) [WA]  
 Fri 7:30pm *Te Awatea*: St Joseph's Comm. Hall, Devon St West (west of Clock Tower) (90mins) [WA]  
 Sat 5:00pm *Topic*: St Joseph's Community Hall, Devon Street West (west of Clock Tower) [WA]  
 Sun 11:30am [Closed] *Step Working Group*: St Joseph's Community Hall, 151 Devon Street West [WA] (90mins)  
 Sun 7:00pm Anglican Church. 35 Domett Street, Waitara

**NAPIER / HASTINGS**

Mon 7:30pm *Maori Common Needs*: Trinity Methodist Church (behind), Clive Square  
 Tue 7:30pm *Just for Today*: Trinity Methodist Church (behind), Clive Square  
 Tue 7:30pm *Hastings JFT*: Heretaunga Women's Centre. Corner Eastbourne and Russell Streets, HASTINGS  
 Wed 7:30pm *Steps*: Trinity Methodist Church (behind), Clive Square  
 Thu 7:30pm *We Do Recover*: Heretaunga Women's Centre. Corner Eastbourne and Russell Streets, HASTINGS  
 Fri 7:30pm *Topic*: Trinity Methodist Church (behind), Clive Square  
 Sat 7:00pm *Port in The Storm*: On the grass by the Pier by the Soundshell, Marine Parade., NAPIER  
 Sun 6:30pm [Closed] *Sunday Night Men's*: Manaia House, 85 Wellesley Road, NAPIER

**WANGANUI**

Tue 7:30pm *JFT*: St. Pauls, cnr Cooks and Guyton Streets (side entrance Cooks St) [WA]  
 Fri 7:30pm *Topic*: St. Pauls, cnr Cooks and Guyton Streets (side entrance Cooks St) [WA]

**PALMERSTON NORTH / HOROWHENUA / KAPITI / WAIRARAPA**

Mon 7:00pm *Literature*: Quaker Hall, 227 College Street PALMERSTON NORTH [WA]  
 Tue 12:30pm *Lunchtime Freedom*: Room 2, Impact Hub, 6 Tongariro St., PARAPARAUMU [WA]  
 Wed 7:00pm *J-F-T*: Quaker Hall, 227 College Street PALMERSTON NORTH [WA]  
 Wed 7:30pm Otaki Community Centre, 186 Mill Road, OTAKI  
 Thu 6:00pm *Literature Appreciation*: Salvation Army, 10 Avenue Road (behind main building), FOXTON  
 Thu 6:00pm *Just for Today*: 15 Victoria Street, MASTERTON WAIRARAPA [WA]  
 Fri 7:00pm *JFT Friday*: *Quaker Hall*, 227 College Street PALMERSTON NORTH [WA]  
 Fri 7:30pm *Steps and Traditions*: Kapiti Crossroads, Corner Raumati Road and Weka Road, RAUMATI  
 Sun 7:00pm *Featherston Firelit*: Community Centre, 14 Wakefield Street, FEATHERSTON WAIRARAPA [WA]

**HUTT VALLEY**

Tue 7:30pm Hapai Club, 879-881 Fergusson Drive, UPPER HUTT [WA]  
 Thu 7:00pm *Attitude of Gratitude*: Community House (Room 6 Upstairs down hall on right) 6 Britannia Street, Petone  
 Sun 4:30pm *Sunday Serenity*: Alicetown Community Centre, 38 Victoria Street, Lower Hutt

**WELLINGTON / PORIRUA**

Mon 12:00pm *Lunchtime Stepwork*: Baptist Church, 46 Boulcott Street, City (up ramp, right side of building) [WA]  
 Mon 6:30pm *J-F-T*: St Mary of the Angels Church, 17 Boulcott Street, City  
 Tue 6:00pm *Young Ones and Young Once*: Baptist Church, 46 Boulcott Street, City (up ramp, right side of bldg) [WA]  
 Tue 7:30pm [Closed] *Aroha Literature*: Trinity Union Church, Hall Street, Newtown [WA]  
 Wed 5:30pm *Living Clean*: Newtown Community Hall, 71 Daniell Street, Newtown [WA]  
 Wed 7:00pm *Wellington Men's*: The Pavilion Gate 4 Wellington High school, 249 Taranaki Street Mt. Cook [WA]  
 Thu 6:00pm *Free and Queer*: Trinity Union Church, Hall Street, Newtown [WA] (LGBTQ Special needs meeting)  
 Thu 7:30pm *Steps and Traditions*: St Andrews, 30 The Terrace [WA] (Right of the church)  
 Fri 7:20am *Thank God it's Friday*: St Mary of the Angels Church, 17 Boulcott Street, City  
 Fri 6:30pm *Newcomer Topic*: St Mary of the Angels Church, 17 Boulcott Street, City  
 Sat 11:00am *It's Never Too Early*: St Andrews, 30 The Terrace [WA] (Right of the church)  
 Sat 2:00pm *Whiti mai te ra*: Salvation Army Hall, cnr Warspite Ave & Fantame St,(back of hall) CANNONS CREEK  
 Sat 4:30pm *Women's Meeting*: Salvation Army, 4 Normanby Street, Newtown  
 Sat 6:30pm *ID*: Ka Awatea Hou, Trinity Union Church, Hall Street, Newtown [WA]  
 Sun 10:00am *The Breakfast Club*: Pavilion (by sports field), Gate 4, Wellington High School, 249 Taranaki Street  
 Sun 10:10am [Closed] *Conscious Contact*: Island Bay Community Centre, 137 The Parade, Island Bay  
 Sun 6:30pm *Gift of Freedom*: Salvation Army, 4 Normanby St, Newtown

**NELSON / BLENHEIM**

Mon 7:00pm Nelson Baptist Church, Bridge Street (side door opposite court house) NELSON  
 Wed 7:30pm [Closed] Nelson Baptist Church, Bridge Street (side door opposite court house) NELSON  
 Wed 7:00pm Salvation Army Office, cnr Henry and George St BLENHEIM  
 Thu 7:00pm *Tumanako Group*: Senior Citizens Hall, 166 High Street (park, enter rear of bldg.) BLENHEIM [WA]  
 Sat 5:30pm Nelson Baptist Church, Bridge Street (side door opposite court house) NELSON  
 Sat 5:30pm [Closed] *Steps & Traditions*: Riversdale Community House 131 BudgeSt BLENHEIM

**WEST COAST**

Tue 7:30pm *Basic Text*: "The Cave", Manaakitanga Unit, Greymouth Hospital, High St, GREYMOUTH [WA]  
 Thu 7:30pm Buller Community Development Company, 159 Palmerston St WESTPORT

**CHRISTCHURCH / RANGIORA / LYTTLETON**

Mon 11:00am *Everyone Welcome*: Room 4, Phillipstown Hub (Old School), 39 Nursery Rd, Phillipstown [WA]  
 Mon 1:00pm *Freedom*: Oasis Centre, 126 Bealey Ave  
 Mon 6:30pm *Little Town, Monday*: Lyttelton Community House, 7 Dublin St, LYTTLETON  
 Mon 7:30pm *We Do Recover*: Bridge Aftercare, 27 Collins Street, Addington [WA]  
 Tue 1:00pm *Just For Today*: Oasis Centre, 126 Bealey Avenue  
 Tue 7:00pm *Mana Wahine (Women)*: Waltham Community Cottage, 201 Hastings Street East, Waltham [WA]  
 Tue 7:30pm *Southern Men's*: Linwood Resource Centre 332 Linwood Ave, Bromely [WA]  
 Tue 7:30pm [Closed] *Keeping it Real*: John Knox Presbyterian Church, Cnr High and King Street RANGIORA [WA].  
 Wed 1:00pm *Living Clean*: Oasis Centre, 126 Bealey Ave  
 Wed 7:00pm *Phoenix Topic*: Phillipstown Hub (Old School), 39 Nursery Rd, Room varies (banners in the window) [WA]  
 Thu 1:00pm *Literature and Topic*: Oasis Centre, 126 Bealey Avenue  
 Thu 5:30pm *Old School*: Waltham Community Cottage, 201 Hastings St East, Waltham [WA]  
 Thu 6:30pm *Little Town, Thursday*: Lyttelton Community Board Room, 25 Canterbury St, LYTTLETON [WA]  
 Thu 6:45pm *LGBTI Meeting*: Waltham Community Cottage, 201 Hastings St East, Waltham [WA]  
 Thu 7:00pm *Hope*: Avebury House, 9 Evelyn Couzins Ave Richmond  
 Fri 1:00pm *Keep Coming Back*: Oasis Centre, 126 Bealey Ave  
 Fri 6:00pm *New Friday Mtg*: Ōrauhata: Bishopdale Library, Bishopdale Ct, Bishopdale (parking off Raleigh St) [WA]  
 Fri 7:30pm *Inspiration*: Abberley Park Cottage, Abberley Crescent  
 Sat 11:00am *Beginners & Newcomers*: Oasis Centre, 126 Bealey Avenue  
 Sat 6:30pm *Steps and Traditions*: St. Albans Tennis Club, 37 Dover St Street, Edgeware  
 Sun 10:45am *Wairua, (Speaker 1st Sun)*: Waltham Community Cottage, 201 Hastings St E, Waltham (75mins) [WA]  
 Sun 7:00pm *Spiritual Recovery*: Waltham Community Cottage, 201 Hastings St East, Waltham [WA]